

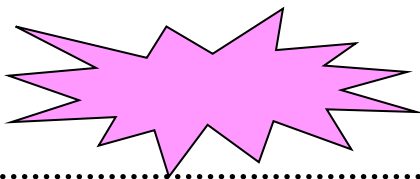
# February Parent's Information

Our theme for February is initially 'Celebrations' - Chinese New Year and Valentine's Day followed after mid-term by

**Myself**



Our colour is **pink**



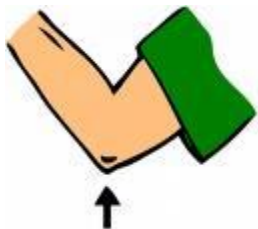
Our shape is a heart



*Vocabulary linked to our theme.*

After mid-term we will be talking about ourselves - our bodies, how we have grown, our senses, our feelings, the importance of healthy food, exercise and sleep. During the month we will also be celebrating and talking about **Chinese New Year** and **Valentine's Day**.

Please talk about these with your child:-



elbow



eye lid / eye lashes



leg, foot, knee, ankle



happy

sad



# February songs / rhymes:-

## Rock a Bye Baby

Rock a bye baby, on the tree top,  
When the wind blows the cradle will  
rock;  
When the bow breaks, the cradle will  
fall,  
And down will come baby, cradle and  
all.

## Family Love

*(Barney's Song)*

I love you, you love me!  
We're a happy family!  
With a great big hug and a kiss from  
me to you!  
Won't you say you love me too!



**Happy Valentine's Day**

## If You're Happy **\*\***(or Sad)

If you're happy and you know it clap your hands *clap 2 times*  
If you're happy and you know it clap your hands *clap 2 times*  
If you're happy and you know it then your face will surely show it  
If you're happy and you know it clap your hands *clap 2 times*

*If you're happy and you know it stamp your feet .....*

*..... tap your head*

*..... jump up and down*

*(add any action that is appropriate)*

**\*\*Variation - substitute SAD for happy with appropriate actions**

## I can hear my hands go

I can hear my hands go clap, clap, clap  
I can hear my feet go tap, tap, tap  
I can hear my knees go slap, slap, slap  
But I can't hear my head go nod, nod,  
nod

## I Have Two Eyes (Action rhyme)

I have two eyes to see with,  
I have two feet to run.  
I have two hands to wave with,  
And nose I have but one.  
I have two ears to hear with,  
And a mouth to say 'Good day.'

## *How you can help your child at home:-*

### Personal, Social & Emotional Development

We will be talking about our feelings - happy, sad, cross or angry and scared. Chat with your child about events or times when you or they have had these feelings. Play games / look at pictures in story books - guess how I feel? Make your face, body or voice represent a specific feeling and can your child copy it or say what feeling it is.

### Language Development

The children will be working towards recognizing their names without the aid of their picture symbols. Please support your child at home with this. Play some sensory games and encourage the use of descriptive language - 'I spy' & give some clues; close your eyes - what is that in your hand? / who or what is making that noise?

### Early Mathematical Experiences

We continue to talk about the shapes all around us and name them. Squares and rectangles are really catching us out so look at and talk about the long and short sides of a door which is a rectangle and a square light switch which has sides all the same length. Compare heights of family members - use the words tall, short; taller, shorter instead of big and small.

### The Arts

Make self-portraits with dough or loose parts. Get messy using paint or powder, flour or shaving foam - hand prints, finger printing, foot prints.

### Physical Development & Movement

There are lots of action songs and rhymes which you and your child can move to in many different ways and using different parts of the body. Practice standing then hopping on each foot - hop higher, hop for longer. Roll or kick a ball into a target box - increase the target distance.

### The World Around Us

We will be participating in Safer Internet Day and it is critical for us to be aware of keeping children safe while they are using their electronic devices. Safer Schools NI app is a fantastic resource for this and if you haven't already downloaded it, I highly recommend it! Also go to UK Safer Internet Centre and click on the Parents & Carers pack for lots of ideas.